

Psalm 90

¹ Lord, you have been our dwelling place in all generations. ² Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God. ³ You return man to dust and say, "Return, O children of man!" ⁴ For a thousand years in your sight are but as yesterday when it is past, or as a watch in the night. ⁵ You sweep them away as with a flood; they are like a dream, like grass that is renewed in the morning: ⁶ in the morning it flourishes and is renewed; in the evening it fades and withers. ⁷ For we are brought to an end by your anger; by your wrath we are dismayed. ⁸ You have set our iniquities before you, our secret sins in the light of your presence. ⁹ For all our days pass away under your wrath; we bring our years to an end like a sigh. ¹⁰ The years of our life are seventy, or even by reason of strength eighty; yet their span is but toil and trouble; they are soon gone, and we fly away. ¹¹ Who considers the power of your anger, and your wrath according to the fear of you? ¹² So teach us to number our days that we may get a heart of wisdom. ¹³ Return, O LORD! How long? Have pity on your servants! ¹⁴ Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days. ¹⁵ Make us glad for as many days as you have afflicted us, and for as many years as we have seen evil. ¹⁶ Let your work be shown to your servants, and your glorious power to their children. ¹⁷ Let the favour of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands!

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Questions of Life

Will I ever have
enough time?
Psalm 90

1. God is the eternal creator, v.2
2. We are finite creatures, vv.3-6
3. So turn us back to God, v.12

I'm busy because...

- ... I need to prove myself
- ... of other people's expectations
- ... otherwise things get out of control
- ... I prefer being under pressure
- ... I need the money
- ... I want to make the most of life

[From Tim Chester, 'The Busy Christian's Guide to Busyness']

Humility and hard choices

A prayer for our times, vv.15-17

Recommended reading:

Chester, *The Busy Christian's Guide to Busyness*
Perman, *What's Best Next?*