

Oh give thanks to the LORD, for he is good, for his steadfast love endures for ever! ² Let the redeemed of the LORD say so, whom he has redeemed from trouble ³ and gathered in from the lands, from the east and from the west, from the north and from the south.

⁴ Some wandered in desert wastes, finding no way to a city to dwell in; ⁵ hungry and thirsty, their soul fainted within them. ⁶ Then they cried to the LORD in their trouble, and he delivered them from their distress. ⁷ He led them by a straight way till they reached a city to dwell in. ⁸ Let them thank the LORD for his steadfast love, for his wondrous works to the children of man! ⁹ For he satisfies the longing soul, and the hungry soul he fills with good things.

¹⁰ Some sat in darkness and in the shadow of death, prisoners in affliction and in irons, ¹¹ for they had rebelled against the words of God, and spurned the counsel of the Most High. ¹² So he bowed their hearts down with hard labour; they fell down, with none to help. ¹³ Then they cried to the LORD in their trouble, and he delivered them from their distress. ¹⁴ He brought them out of darkness and the shadow of death, and burst their bonds apart. ¹⁵ Let them thank the LORD for his steadfast love, for his wondrous works to the children of man! ¹⁶ For he shatters the doors of bronze and cuts in two the bars of iron.

¹⁷ Some were fools through their sinful ways, and because of their iniquities suffered affliction; ¹⁸ they loathed any kind of food, and they drew near to the gates of death. ¹⁹ Then they cried to the LORD in their trouble, and he delivered them from their distress. ²⁰ He sent out his word and healed them, and delivered them from their destruction. ²¹ Let them thank the LORD for his steadfast love, for his wondrous works to the children of man! ²² And let them offer sacrifices of thanksgiving, and tell of his deeds in songs of joy!

²³ Some went down to the sea in ships, doing business on the great waters; ²⁴ they saw the deeds of the LORD, his wondrous works in the deep. ²⁵ For he commanded and raised the stormy wind, which lifted up the waves of the sea. ²⁶ They mounted up to heaven; they went down to the depths; their courage melted away in their evil plight; ²⁷ they reeled and staggered like drunken men and were at their wits' end. ²⁸ Then they cried to the LORD in their trouble, and he delivered them from their distress. ²⁹ He made the storm be still, and the waves of the sea were hushed. ³⁰ Then they were glad that the waters were quiet, and he brought them to their desired haven. ³¹ Let them thank the LORD for his steadfast love, for his wondrous works to the children of man! ³² Let them extol him in the congregation of the people, and praise him in the assembly of the elders.

³³ He turns rivers into a desert, springs of water into thirsty ground, ³⁴ a fruitful land into a salty waste, because of the evil of its inhabitants. ³⁵ He turns a desert into pools of water, a parched land into springs of water. ³⁶ And there he lets the hungry dwell, and they establish a city to live in; ³⁷ they sow fields and plant vineyards and get a fruitful yield. ³⁸ By his blessing they multiply greatly, and he does not let their livestock diminish.

³⁹ When they are diminished and brought low through oppression, evil, and sorrow, ⁴⁰ he pours contempt on princes and makes them wander in trackless wastes; ⁴¹ but he raises up the needy out of affliction and makes their families like flocks. ⁴² The upright see it and are glad, and all wickedness shuts its mouth.

⁴³ Whoever is wise, let him attend to these things; let them consider the steadfast love of the LORD.

The Trials of Life

'Confidence in the trials'

Psalm 107

1. The Reasons for Thankfulness

- Security & Satisfaction (v4-9)
- Liberty (v10-16)
- Healing (v17-22)
- Rescue (v23-32)

2. The Context of Thankfulness

