

# Working Life (6)

## ‘Rest at work’

### 1. Entering God’s rest by resting from our works

- God’s rest is the goal
  - the creation pattern <sup>1</sup>
  - the conquest picture <sup>2</sup>
  - the consummation perfection <sup>3</sup>
- our resting is the way in
  - trusting in Christ <sup>4</sup>
  - not trusting in works
- ⇒ start resting
- ⇒ keep resting

### 2. Remembering God’s rest by resting from our work

- OT Sabbath
  - Sabbath day <sup>5</sup>
  - Sabbath year <sup>6</sup>
- NT time off
  - not under Law <sup>7</sup>
  - still need time off
  - time to rest <sup>8</sup>
  - time to listen <sup>9</sup>
  - time to meet <sup>10</sup>

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<sup>1</sup> Hebrews 3:7-4:11; Genesis 2:1-3

<sup>2</sup> Exodus 33:14; Joshua 21:44; 1 Chronicles 22:9

<sup>3</sup> Revelation 21:1-4; 14:11

<sup>4</sup> Matthew 11:28

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<sup>5</sup> Exodus 20:8; 23:12; Deuteronomy 5:17

<sup>6</sup> Leviticus 25:3; Ezekiel 20:12

<sup>7</sup> Romans 7:6; Matthew 5:17; Colossians 2:17; Galatians 4:9-10;

<sup>8</sup> John 4:6; Mark 6:31; Ecclesiastes 5:12

<sup>9</sup> Luke 10:38-42

<sup>10</sup> Hebrews 10:24; 3:13; Acts 20:7; 1 Corinthians 16:2