

³⁶As they were talking about these things, Jesus himself stood among them, and said to them, "Peace to you!" ³⁷But they were startled and frightened and thought they saw a spirit. ³⁸And he said to them, "Why are you troubled, and why do doubts arise in your hearts?" ³⁹See my hands and my feet, that it is I myself. Touch me, and see. For a spirit does not have flesh and bones as you see that I have." ⁴⁰And when he had said this, he showed them his hands and his feet. ⁴¹And while they still disbelieved for joy and were marveling, he said to them, "Have you anything here to eat?" ⁴²They gave him a piece of broiled fish, ⁴³and he took it and ate before them.

⁴⁴Then he said to them, "These are my words that I spoke to you while I was still with you, that everything written about me in the Law of Moses and the Prophets and the Psalms must be fulfilled." ⁴⁵Then he opened their minds to understand the Scriptures, ⁴⁶and said to them, "Thus it is written, that the Christ should suffer and on the third day rise from the dead, ⁴⁷and that repentance and forgiveness of sins should be proclaimed in his name to all nations, beginning from Jerusalem. ⁴⁸You are witnesses of these things. ⁴⁹And behold, I am sending the promise of my Father upon you. But stay in the city until you are clothed with power from on high."

The Holy Bible, English Standard Version Copyright © 2001 by Crossway Bibles, a division of Good News Publishers.

Jesus asks: Why are you troubled, and why do doubts arise in your hearts?

Introduction: Who did he ask?

1) An unbelievable sight

2) Doubts dispelled when all can be seen

- Jesus opens the mind to understand